

Welcome to Sweden and Avensia!

Relocation Guide

2022



For Winners in Modern Commerce



Your Guide to Skåne and Avensia

Sweden in Brief	3
Local Custom	3
Living in Skåne	4
Public Transport	4
Our Offices and Locations	
Lund	5
Malmö	6
Helsingborg	7

Sweden in Brief

Population: 10 452 326

Capital: Stockholm

Official language: Swedish

Currency: Swedish kronor (SEK)

Constitution: Monarchy

Time zone: CET

International prefix: +46

National day: June 6



Local Customs

Fika is Swedish for having a coffee break, often combined with something sweet. Why not give the Swedish cinnamon bun a try?

Lördagsgodis refers to the Swedish tradition of having candy on Saturdays. Why not give the Swedish pick and mix candy a try?

Useful links:

<https://sweden.se>

Authorities

Swedish Migration Agency
www.migrationsverket.se

Swedish Social Insurance Agency
www.forsakringskassan.se

Swedish Tax Agency
www.skatteverket.se

Health Care
www.skane.se/en

Living in Skåne

Skåne is a county located in the southernmost part of Sweden. The province is known for its beautiful scenery, culinary experiences, and high quality of life. In the vernacular, Skåne is called the Provence of Sweden.

Skåne's slow-paced lifestyle and friendly atmosphere attract people from all over the world who come here to enjoy peaceful nature experiences and interesting cultural sights. The county has almost 1,4 million residents. The area of greater Copenhagen, which includes the Scanian west coast, has a population of 4,4 million.

Useful links:

<https://visitskane.com/>



Public Transport

Trains and Buses

In Skåne, public transport is widely available with frequent departures enabling easy commute and plenty of housing options. The short distances between cities make it feasible to live and work in different locations. Local trains and buses are operated by Skånetrafiken.

Useful links:

<https://www.skanetrafiken.se>



Living in Lund

Lund is located in the south of Sweden and is Sweden's twelfth largest city with its 125,000 residents. With Lund University and several global businesses, the city has an international atmosphere despite its size. The medieval city has a lot to offer. Restaurants, cafés, museums, cultural events, and historical sites such as the Lund cathedral. If you're longing for a change of scene, Malmö is a just short train ride away.

Avensia in Lund

Avensia's Lund office is located centrally, less than five minutes' walk from the train station. At this location, you have proximity to the medieval city center with restaurants, bars and stores. This is our headquarters and the preferred workplace for many Avensians living in Lund and the surrounding area.



Useful links:

<https://visitlund.se/en/>

<https://internationalcitizenhub.com>



Living in Malmö

Malmö is the third capital of Sweden, located in the south of Sweden. The city has more than 350,000 residents and is the fastest growing capital in Sweden. A multi-cultural and international city known for its leafy parks, cultural events, restaurants, closeness to the sea, and the skyscraper Turning Torso. If you want a change of scenery, Copenhagen is a short train ride away.

Avensia in Malmö

Avensia's Malmö office is located in the heart of the city, overlooking the canal and a stone's throw from the high street. You'll have restaurants, bars, and stores close at hand. This is our convenient office preferred by many Avensians based in Malmö.



Useful links:

<https://malmo.se/Welcome-to-Malmo/Visit-Malmo.html>



Living in Helsingborg

Helsingborg is Sweden's eighth-largest city with more than 150,000 residents. The city is located in the south of Sweden and offers closeness to nature and the sea. Helsingborg is known for its restaurants, museums, cultural events, and the historical tower Kärnan. If you're looking for a change of air, Helsingör, Denmark, is just a short ferry trip away.

Avensia in Helsingborg

Avensia's Helsingborg office is located in the city center with proximity to the central station and the sea. Restaurants, bars, and stores are close at hand. Our Helsingborg office is the preferred place to work for many Avensians living in the area.



Useful links:

<https://visithelsingborg.com/?lang=en>



Welcome to our Offices

For more information, contact your
manager or the HR department.



avensia

For Winners in Modern Commerce